



Signposting guide: where to find support if we can't help

Support Through Court assists clients in specific areas. There are times when clients would benefit from help elsewhere, such as when legal advice or specialist information is needed. This will ensure clients are receiving the right level of help that they need and deserve.

Below is a list of the areas* where we are unable to help. See the details below for each item for more information on where you might be able to find assistance. Use control and click to follow the link to the section you need.

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General

Bundles

Support Through Court cannot help you put together bundles.

A 'bundle' is a collection of the documents relevant to your case, organised in the way you, the other side, and the judge will use them at the hearing. The court expects a bundle to be in a sensible order and, unless it consists of only one or two short documents, put together in a ring binder or lever arch file, with page numbers written in the middle of the foot of each page. 'Index' just means list - that is a list at the front of all the documents with their page numbers, just like chapter headings at the front of a book.

So, although it sounds complicated, the bundle is a pack of papers with a list at the front showing what is in it that you have to provide for the court and the defendant. It pulls together all the relevant information and evidence in one place to provide a history of the case.

Advice Now has a guide that you can use if you are submitting a bundle for a civil matter: [How to prepare a trial bundle and index | Advicenow](#)

Your bundle must be submitted to the court and sent to the other party by the deadline given to you. Submission is different for each court, so check how to submit this directly with your court. You can find court contact details here: [Find a court or tribunal - GOV.UK \(www.gov.uk\)](#)

Deadline has passed

Support Through Court cannot help you to make an application if your deadline has passed.

You may be able to apply for an extension of time on your deadline, but you will need to seek legal advice before doing this.

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

In-person hearing support

Support Through Court can only provide in person support at hearings taking place in courts affiliated with a local Support Through Court service.

Support Through Court CANNOT support you at in person hearings that take place in courts where we do not have an office.

Similarly, we are NOT able to provide support for in person hearings or remote hearings for areas we do not provide support in.

You can find our office locations here: [Support Through Court](#)

We will be able to discuss your case with you before or after your hearing if you can come into an office – we advise you book an appointment for this.

Alternatively, you can discuss your case with a volunteer at our national helpline by calling [0300 081 0006](tel:03000810006).

If you have a remote hearing, we may be able to support you depending on our capacity. Please contact our online service at online@supportthroughcourt.org, to book an appointment for support at a remote hearing.

Family adoption order

Support Through Court cannot help you with applying for an Adoption Order.

You will find some useful information here <https://www.gov.uk/child-adoption> and within that link you will also see <https://www.gov.uk/child-adoption/applying-for-an-adoption-court-order> where the process is outlined for the application.

CAFCASS (Children and Family Court Advisory and Support Service) also provide a lot of helpful information, <https://www.cafcass.gov.uk/parent-carer-or-family-member/my-family-involved-public-law-proceedings/applications-adoption-order>

There are also Charities like the Family Rights Group who can provide information, <https://frg.org.uk/get-help-and-advice/what/adoption/who-can-apply-for-an-adoption-order/> and Working Families <https://workingfamilies.org.uk/>

Appeals

Support Through Court cannot help you to make an Appeal in Family proceedings, you should seek legal advice for this.

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Application to revoke adoption orders

Support Through Court cannot help you to make an application to revoke an adoption order, you should seek legal advice for this matter.

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Child Law Advice can provide free legal advice by phone, email or web chat: [Contact us - childlawadvice.org.uk](http://childlawadvice.org.uk)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Child maintenance

Support Through Court cannot help with matters relating to Child Maintenance. You will find all the details needed and information about this at the Gov.uk site: <https://www.gov.uk/child-maintenance-service>

You will also find information on the Citizens Advice site: <https://www.citizensadvice.org.uk/family/children-and-young-people/child-maintenance1/>

Money Helper is another website with helpful information, <https://www.moneyhelper.org.uk/en/family-and-care/divorce-and-separation/how-much-child-maintenance-should-i-pay#> it is sponsored by the Department of Work and Pensions and aims to provide free access to the information.

Court of Protection

We cannot help with any Court of Protection matters.

Mind has some information on Court of Protection which you may find helpful: [Court of Protection - Mind](#)

If you wish to seek legal advice you can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Discharging a care order

Support Through Court cannot help you to apply to discharge a care order. It will be important for you to get legal advice. It may help if you can establish whether you qualify for Legal Aid so you should check at the earliest opportunity <https://www.gov.uk/check-legal-aid>

You will find helpful information on the CAFCASS (Children and Family Court Advisory and Support Service) <https://www.cafcass.gov.uk/parent-carer-or-family-member/my-family-involved-public-law-proceedings/applications-discharge-supervision-or-care-order>

Coram Child Law Advice also provide useful information: <https://childlawadvice.org.uk/information-pages/care-orders/>

Emergency protection order

We cannot help you to apply for an emergency protection order (EPO). Almost all applications are made by the local authority but the police or the NSPCC could also apply. This would fall into the Public Law category. Citizens Advice provide some helpful information on their website: <https://www.citizensadvice.org.uk/Teulu/children-and-young-people/protecting-children/court-orders-to-protect-children/child-abuse-emergency-protection-orders/>

Child Law Advice also provide some helpful information which also refers to police protection orders, <https://childlawadvice.org.uk/information-pages/police-powers-of-protection-emergency-protection-orders/>

Form E – financials

We cannot help you to complete a Form E or apply for a financial order within a divorce.

Advice Now has a very useful video you can watch which tells you how to complete a Form E: [How to fill in your financial statement \(Form E\) - film | Advicenow](#)

Public Law (e.g. care orders, supervision orders)

Support Through Court cannot help with any matters relating to public law (family cases, such as care, supervision cases and adoption). This is because Legal Aid is available to support you in these cases and it is important that you do get legal advice and representation.

You can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Child Law Advice provide free legal advice and have a range of information that may be helpful: [Home - childlawadvice.org.uk](#)

REMO

Support Through Court cannot help with applying to get a Child Maintenance order recognised abroad. There are limited guidance notes, as such that accompany the details on the Government website <https://www.gov.uk/government/publications/apply-to-get-a-child-maintenance-order-recognised-abroad>

Client should consider seeking legal advice. You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

S25 Statements –Family

Support Through Court cannot help you to complete a S25 Statement. Please refer to **Form E** above. Ultimately this is a Statement to cover every issue in the case of which the financial information is a big part and becomes very important. If they have not done so already the client should look to see if they are entitled to Legal Aid <https://www.gov.uk/check-legal-aid>

Civil

Appeals

Support Through Court cannot help you with an appeal or help you to complete an appeal form. It's important that you get legal advice before submitting an appeal.

RCJ Advice may be able to support you if you are based in London: [Civil & housing legal services | RCJ advice](#)

Advocate may be able to support you: [Advocate: Finding free legal help from barristers \(weareadvocate.org.uk\)](#)

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Bankruptcy

Support Through Court cannot help you to apply for bankruptcy. It is important you seek specialist bankruptcy advice before applying for bankruptcy as it can have a long-lasting effect on many aspects of your life.

StepChange can provide you with more information about bankruptcy and you can get help online: [Bankruptcy Advice. Is Going Bankrupt For You? StepChange](#) OR you can call their helpline to speak with an adviser on [0800 138 1111](#).

Civil injunctions

We cannot help with the various types of Civil injunctions which are unrelated to non-molestation applications. You will need to find a solicitor to help you with these types of injunctions here: [Find a Solicitor - The Law Society](#)

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Please cross reference with **N16A** below. Legal advice will be needed to navigate the correct procedure and the correct legislation. Support Through Court is not able to provide the legal advice that will be important here.

Court of protection

Support Through Court cannot help with any Court of Protection matters.

Mind has some information on Court of Protection which you may find helpful: [Court of Protection - Mind](#)

If you wish to seek legal advice you can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Employment

Support Through Court can refer you to ACAS and help you to complete an ET1 form. We can also possibly support you at a hearing (more info on hearing support [here](#)).

We cannot help you with any other aspect of your employment case.

If you need additional support with your employment case, you may find these organisations and resources helpful:

- [Preparing an employment tribunal case - Citizens Advice](#)
- [Getting legal advice - Acas](#)
- [Pay and work rights helpline and complaints - GOV.UK \(www.gov.uk\)](#)
- [FRU | Free Representation Unit \(thefru.org.uk\)](#)

Enforcement (High Court)

Support Through Court can assist with a stay of execution but cannot help you to apply for anything else regarding enforcement action in the High Court.

You can find more information on High Court enforcement here: [Fact Sheet - High Court action for debt | High court enforcement officers | National Debtline](#)

If you wish to seek legal advice you can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Human rights breaches

Support Through Court cannot help you with issues concerning Human Rights Breaches. These can arise in many different circumstances so it is not possible to deal with each and every circumstance they might arise. If you are entitled to Legal Aid you can check here, <https://www.gov.uk/check-legal-aid>.

Citizens Advice provide some useful information, <https://www.citizensadvice.org.uk/law-and-courts/civil-rights/human-rights/taking-action-about-human-rights/#:~:text=A%20public%20authority%20may%20breach,under%20the%20Human%20Rights%20Act>

If you wish to seek legal advice you can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Immigration

Support Through Court cannot help with any immigration matters.

You may find the following resources and organisations helpful:

- [Get specialist immigration advice - Citizens Advice](#)

- home.oisc.gov.uk/adviser_finder/finder.aspx
- [I need immigration advice - Liberty \(libertyhumanrights.org.uk\)](http://libertyhumanrights.org.uk)

Issuing a Section 8 or Section 21 eviction notice

Support Through Court cannot help you to issue an eviction notice, otherwise known as a Section 21 or Section 8 notice.

You can find more information about these notices here: [Evicting tenants \(England and Wales\): Section 21 and Section 8 notices - GOV.UK \(www.gov.uk\)](#)

You can find a solicitor to help you with these documents here: [Find a Solicitor - The Law Society](#)

If you have completed the Section 21 or 8 Notice and you still need to issue a possession claim to the court, we will be able to help you at that stage.

Judicial review

Support Through Court cannot help with Judicial Reviews or completing any associated court forms. It's important that you get legal advice before submitting a Judicial Review.

RCJ Advice may be able to support you if you are based in London: [Civil & housing legal services | RCJ advice](#)

Advocate may be able to support you: [Advocate: Finding free legal help from barristers \(weareadvocate.org.uk\)](#)

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Money claim: fast track, intermediate and multi-track including directions questionnaires

Support Through Court cannot help you to complete a directions questionnaire (N181) for a Fast Track, Intermediate or multi-track money claim, and we are unable to help you with any other aspect of the Fast Track, Intermediate or multi-track claim.

If you wish to seek legal advice you can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

N16A

Please see **injunctions** above - this is the Form to complete to apply for a Civil Injunction unrelated to Non-Molestation Order applications. It is important that you get legal advice.

N208

Support Through Court cannot help you to complete a form N208. The form is primarily but not exclusively used to issue Part 8 proceedings.

If you wish to seek legal advice you can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

<https://www.lawworks.org.uk/legal-advice-individuals/find-legal-advice-clinic-near-you>

N293A

Support Through Court cannot help with matters relating to this form, it is important that you get legal advice.

This form is a combined certificate of judgment and request for writ of control or writ of possession and should be navigated very carefully.

You should seek Legal Advice : [Find a Solicitor - The Law Society](#)

<https://www.lawworks.org.uk/legal-advice-individuals/find-legal-advice-clinic-near-you>

Office of the Public Guardian

Support Through Court cannot help with any matters relating to the office of the public guardian.

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Personal injury and medical negligence

Support Through Court cannot help with Personal injury and Medical negligence matters.

For Personal injury a resource that will be helpful is APIL <https://www.apil.org.uk/> (The Association of Personal Injury Lawyers) and Solicitors can take cases on a Conditional Fees Agreement. For what are considered low value cases Claimants are encouraged to do them themselves and so these fall under the Claims Portal - <https://www.claimsportal.org.uk/about/protocols/>

Further information can be found on the Citizens Advice website:

<https://www.citizensadvice.org.uk/law-and-courts/claiming-compensation-for-a-personal-injury/personal-injuries/>

For Medical Negligence cases an excellent Charity exists called AvMA, (Action against Medical Accidents) <https://www.avma.org.uk/>, while these calls will be triaged, they do have an extended panel of qualified solicitors.

Here is a link if you decide to pursue a complaint directly to the NHS:

<https://www.england.nhs.uk/contact-us/feedback-and-complaints/complaint/>

Probate (over inheritance tax threshold)

Support Through Court cannot help with probate matters where the inheritance tax threshold has been reached (estates over £325,000). We recommend you instruct a solicitor to support you with this matter.

You can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Skeleton arguments

Support Through Court cannot help you to complete Skeleton Arguments. It is important that you get legal advice before completing a Skeleton Argument.

You can search for local free legal advice clinics here: [Find a legal advice clinic near you | LawWorks](#)

Or you can find a solicitor local to you here: [Find a Solicitor - The Law Society](#)

Welfare benefits (direct to CAB)

Support Through Court cannot help with any matters relating to Welfare Benefits as these matters require specialist support. We recommend you get in touch with the following organisations for support:

- [Citizens Advice](#)
- [The Law Centres Network](#)
- [Fighting UK Poverty - Turn2us](#)
- [Find your local council - GOV.UK \(www.gov.uk\)](#)

Writ of Control

Support Through Court cannot help with matters relating to this form, it is important that you get legal advice.

This form is a combined certificate of judgment and request for writ of control or writ of possession and should be navigated very carefully.

You should seek legal advice: [Find a Solicitor - The Law Society](#)

<https://www.lawworks.org.uk/legal-advice-individuals/find-legal-advice-clinic-near-you>

